Bloomtivo
Online Quran Academy for Kids

FREE PRINTABLE CARDS

My Daily Duas

10 little duas for every part of the day

Before eating

Before sleeping



Leaving the house

When I sneeze

This book belongs to: _ _ _ _ _ _ _ _ _ _ _ _ _ _ _

Chat with us on WhatsApp
Scan the code or message +20 104 337 3289
bloomtivo.com

Bloomtivo
Online Quran Academy for Kids

My Daily Duas

Before eating



بِسْمِ اللَّهِ

Bismillah

In the name of Allah.

Sahih al-Bukhari 5376

If you forget at the start

بِسْمِ اللَّهِ أَوَّلَهُ وَآخِرَهُ

Bismillahi awwalahu wa akhirahu

In the name of Allah, at its beginning and at its end.

Sunan Abi Dawud 3767



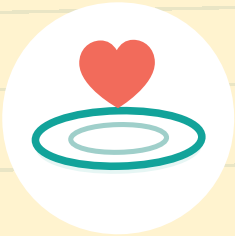
Chat with us on WhatsApp
Scan the code or message +20 104 337 3289
bloomtivo.com

Bloomtivo
Online Quran Academy for Kids

My Daily Duas

After eating

الْحَمْدُ لِلَّهِ الَّذِي أَطْعَمَنِي هَذَا
وَرَزَقَنِيهِ مِنْ غَيْرِ حَوْلٍ مِنِّي وَلَا قُوَّةٍ



Alhamdu lillahil-ladhi at'amani hadha wa razaqanihi min ghayri hawlin minni wa la quwwah

All praise is for Allah, who fed me this and provided it for me without any power or strength from me.

Sunan Abi Dawud 4023

Before sleeping

بِاسْمِكَ اللَّهُمَّ أَمُوتُ وَأَحْيَا

Bismika Allahumma amutu wa ahya

In Your name, O Allah, I die and I live.

Sahih al-Bukhari 6324



Chat with us on WhatsApp
Scan the code or message +20 104 337 3289
bloomtivo.com

Bloomtivo
Online Quran Academy for Kids

My Daily Duas

When waking up



الْحَمْدُ لِلَّهِ الَّذِي أَحْيَانَا
بَعْدَ مَا أَمَاتَنَا وَإِلَيْهِ النُّشُورُ

Alhamdu lillahil-ladhi ahyana ba'da ma amatana wa ilayhin-nushur

All praise is for Allah, who gave us life after causing us to die, and to Him is the return.

Sahih al-Bukhari 6324

Leaving the house

بِسْمِ اللَّهِ تَوَكَّلْتُ عَلَى اللَّهِ
وَلَا حَوْلَ وَلَا قُوَّةَ إِلَّا بِاللَّهِ



Bismillah, tawakkaltu 'alallah, wa la hawla wa la quwwata illa billah

In the name of Allah, I put my trust in Allah, and there is no power and no strength except with Allah.

Sunan Abi Dawud 5095

Chat with us on WhatsApp
Scan the code or message +20 104 337 3289
bloomtivo.com

Bloomtivo
Online Quran Academy for Kids

My Daily Duas

Before entering the toilet



اللَّهُمَّ إِنِّي أَعُوذُ بِكَ
مِنَ الْخُبُثِ وَالْخَبَائِثِ

Allahumma inni a'udhu bika minal-khubuthi wal-khaba'ith

O Allah, I seek Your protection from all evil and evil beings.

Sahih al-Bukhari 142

After leaving the toilet

غُفْرَانَكَ

Ghufranak

I ask for Your forgiveness.



Sunan Abi Dawud 30

Chat with us on WhatsApp
Scan the code or message +20 104 337 3289
bloomtivo.com

Bloomtivo
Online Quran Academy for Kids

My Daily Duas

When someone sneezes

The one who sneezes says:

الْحَمْدُ لِلَّهِ

Alhamdulillah

All praise is for Allah.



The one who hears replies:

يَرْحَمُكَ اللَّهُ

Yarhamukallah

May Allah have mercy on you.

Then the one who sneezed says:

يَهْدِيكُمُ اللَّهُ وَيُصْلِحُ بَالَكُمْ

Yahdikumullahu wa yuslihu balakum

May Allah guide you and set your affairs right.

Sahih al-Bukhari 6224

Before learning

رَبِّ زِدْنِي عِلْمًا

Rabbi zidni ‘ilma

My Lord, increase me in knowledge.



Quran, Surah Ta-Ha 20:114

Chat with us on WhatsApp
Scan the code or message +20 104 337 3289
bloomtivo.com

Bloomtivo
Online Quran Academy for Kids

Keep learning with Bloomtivo

Why families choose Bloomtivo

- Live 1-to-1 lessons with kind, qualified teachers
- Male and female teachers, all with ijazahs in the Quran
- Lessons 7 days a week at UK-friendly times
- A progress report for parents every month
- Start with 2 free trial lessons, then choose a paid plan

WhatsApp
+20 104 337 3289

Free trial
2 free lessons

Our website
bloomtivo.com

bloomtivo@gmail.com · Instagram, Facebook & Snapchat: @bloomtivo

Chat with us on WhatsApp
Scan the code or message +20 104 337 3289

bloomtivo.com